

Dom Care (Adult Foster Care)
Compliments of Senior Living Advisors
Western Pennsylvania Resource Guide

We are a free service to help families choose an appropriate Independent Living apartment with services, Personal Care Home, or Assisted Living community for their loved one that matches the medical needs, financial capabilities, and geographic preferences.

With the family's permission, we will assess the candidate at home, at the skilled rehab unit, or at the hospital. After obtaining an accurate report to determine the scope of care the individual requires, we make appropriate recommendations of communities that fit the parameters of medical, financial, and geographic needs.

Senior Living Advisors will accompany the family and prospective resident on tours to help them through the process. Our skilled representatives will always make recommendations as if it were pertaining to our own Mom, Dad, or other loved one. We answer seven days a week.

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Dom Care (Adult Foster Care)

Adults who are independently mobile or semi-mobile, but cannot live independently, may be matched with families who are willing to open their hearts and provide a warm and caring home filled with love, support and encouragement. Dom Care providers care for no more than three people, and are able to give individual attention to each resident.

Who is eligible to be a Dom Care resident?

A Dom Care resident must be:

- 18 years of age or older,
- Independently mobile or semi-mobile,
- Unable to live alone,
- In need of supervision or assistance with activities of daily living and
- Willing to live with a family.

An individual who qualifies for Dom Care services may have a physical or intellectual disability, mental health diagnosis, or be a frail older adult. As part of the Dom Care application, an interested adult is required to have an MA 51 Medical Evaluation completed by their doctor.

The individual is also assessed by an Allegheny County DHS Area Agency on Aging (AAA) care manager to determine what level-of-care is needed.

When a Dom Care Home is found that best meets a person's needs, interests and preferences, a visit is made to the home, and a trial stay is completed prior to beginning residence. The AAA care manager, Dom Care provider and resident work together through ongoing care management to ensure a safe, supportive and stable living arrangement.

What is a Dom Care Home?

A Dom Care Home is a private residence certified by AAA, according to PA Code Title 6, Aging, Chapter 21 Domiciliary Care regulations. Dom Care Homes maintain a home-like setting and have no more than three residents at one time. Every home must meet home certification requirements and be re-certified annually.

Who Can Be a Dom Care Home provider?

Dom Care Home providers are individuals of all ages and backgrounds who are willing to share their homes and open their hearts to others. In addition to a monthly payment, Dom Care providers receive companionship and a feeling of well-being for providing a sense of family to someone in need.

A Dom Care Home provider must

- Be 21 years of age or older
- Be a Pennsylvania resident
- Reside in the prospective Dom Care home
- Have a physical exam including a tuberculosis test or chest x-ray
- Have First Aid and CPR certification
- Pass criminal history clearances and
- Provide satisfactory financial and personal references

A Dom Care provider has designated responsibilities for the round-the-clock care of his/her Dom Care resident(s) including care in emergencies.

What Does Dom Care Cost?

Effective January 1, 2020 Domiciliary Care consumers will pay their provider \$1,007.60 per month and retain the balance of at least \$209.70 as a personal needs allowance as determined by the Pennsylvania Department of Aging. Domiciliary Care couples will pay their provider \$1,760.20 per month and retain at least \$362.20 per month as their personal needs allowance as determined by the Pennsylvania Department of Aging.

In addition to room and board, PA Dom Care participants receive personal care and assistance with their ADLs. They receive case management services from the state and monitoring of their wellbeing, as well as monitoring of their home's safety. Laundry, housekeeping, transportation assistance, medication management and recreational activities are all the responsibility of the Dom Care Providers. It is worth noting that medical care is not a covered benefit of this program

The payment is made to the Dom Care provider by the resident(s) or the

Representative Payee. Residents on a limited income may be eligible for a financial supplement to their income to assist with making this payment to assure that he/she has at least their minimum spending money each month. The care manager will help the resident apply for the additional funds.

What is the Next Step?

In addition to meeting the qualifications, program candidates must receive final approval for participation in Dom Care from their local Area Agency on Aging. For more information on Dom Care and other AAA programs, please contact the SeniorLine at 412-350-5460 or 1-800-344-3419 or online at

<https://www.alleghenycounty.us/Human-Services/Programs-Services/Older-Adults.aspx> .