LIFE Pittsburgh & Community LIFE Compliments of Senior Living Advisors Western Pennsylvania Resource Guide

We are a free service to help families choose an appropriate Independent Living apartment with services, Personal Care Home, or Assisted Living community for their loved one that matches the medical needs, financial capabilities, and geographic preferences.

With the family's permission, we will assess the candidate at home, at the skilled rehab unit, or at the hospital. After obtaining an accurate report to determine the scope of care the individual requires, we make appropriate recommendations of communities that fit the parameters of medical, financial, and geographic needs.

Senior Living Advisors will accompany the family and prospective resident on tours to help them through the process. Our skilled representatives will always make recommendations as if it were pertaining to our own Mom, Dad, or other loved one. We answer seven days a week.

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LIFE Pittsburgh

Phone: (412) 388-8050 Fax: (412) 388-8055 Email: info@LIFEPittsburgh.org Website: www.LIFEPittsburgh.org Foster Plaza, Building 6 681 Anderson Dr. Floor Five Pittsburgh, PA 15220

LIFE Pittsburgh is a community based alternative to nursing home care and assisted living. Through the LIFE Pittsburgh program, frail older adults can remain in their own home and receive a coordinated plan of care that enables them to maintain their independence and enjoy a safe and active life in the community. A health team of geriatric doctors, nurses, social workers, rehabilitation specialists and other health care professionals assess the participant's needs and desires. A plan of services is approved by the candidate, their family, and the LIFE Pittsburgh caregivers by monitoring for changes and providing timely interventions. Primary care and community services are provided through the Day Health Center and through the in home program according to an individual participant's needs.

To make a referral call (412) 388-8050 and a representative will help you through the process.

To be eligible for LIFE Pittsburgh you must:

- Be age 55 or older
- Meet the level of care needs for a Skilled Nursing Facility or a Special Rehabilitation Facility
- Meet the financial requirements as determined by your local County Assistance Office or private pay
- Reside in an area served by a LIFE provider (see zip code list)
- Able to be safely served in the community as determined by a LIFE provider

Services include:

- Adult Day Health Services
- Audiology Services
- Dental Services
- Emergency Care
- End of Life Services
- Hospital and Nursing Facility Services
- In-Home Supportive Care
- Lab and X-Ray Services
- Meals
- Medical and Non-medical
 - Transportation

- Medical Specialists
- Optometry Services and Eyeglasses
- Nursing and Medical Coverage 24/7
- Nursing Care
- Personal Care
- Pharmaceuticals
- Physical, Speech and Occupational Therapies
- Primary Medical Care
- Recreational and Socialization
 Activities
- Social Services
- Specialized Medical Equipment

Locations:

Administrative Offices

875 Greentree Raod One Parkway Center, Ste. 200 Pittsburgh, PA 15220 (412) 388-8042

Greentree Day Health Center

875 Greentree Road One Parkway Center Suite 100 Pittsburgh, PA 15220 (412) 388-8042

North Shore Adult Day Center

1200 Reedsdale Street (Rear) Pittsburgh, PA 15233 (412) 388-8042

Pittsburgh Day Center

3 Allegheny Center Pittsburgh, PA 15212 Contact: Enrollment Dept. Phone: (412) 388-8042

McKees Rocks Day Health Center

130 Chartiers Avenue McKees Rocks, PA 15136 (412) 388-4042

Geographic Areas covered:

15006, 15007, 15015, 15017, 15031, 15044, 15046, 15056, 15064, 15071, 15082, 15086, 15090, 15091, 15101, 15106, 15108, 15116, 15126, 15127, 15136, 15142, 15143, 15201, 15202, 15203, 15204, 15205, 15209, 15210, 15211, 15212, 15213, 15214, 15216, 15219, 15220, 15222, 15223, 15224, 15225, 15226, 15228, 15229, 15233, 15237, 15241, 15243

Community LIFE

Phone: 1 (866) 419-1693 Email: info@commlife.org Website: www.commlife.org 2400 Ardmore Blvd. Suite 700 Pittsburgh, PA 15221

Community LIFE is a non-profit organization that provides comprehensive health and social services to frail, elderly adults so that they can continue to live in their homes. The Interdisciplinary Team or IDT is the cornerstone of Care Management for the participant, consisting of geriatric physicians, RNs, social workers, therapists, dieticians, pharmacists, personal care aides, van drivers and others. Each plan of care developed by this team is tailored to meet the unique needs of each participant. The program focuses on preventative care, maintenance of a participant's highest level of functional ability, and the early recognition and treatment of symptoms that can signal major problems. The IDT assesses need, provides care, coordinates contracted services and monitors each participant's situation. Participants, their family and caregivers along with the IDT create an individualized plan of care. Community LIFE has contracts with Medicare and the Pennsylvania Medical Assistance Program, and is also able to accept private payments from individuals who do not qualify for these programs. We are able to use these payments in a non-traditional manner to provide preventative and supportive services to keep elders living independently in the community.

Locations:

Community LIFE - Tarentum

702 Second Avenue Tarentum, PA 15084 Phone: 1 (866) 419-1693

Community LIFE - McKeesport

1305 Fifth Avenue McKeesport, PA 15132 Phone: 1 (866) 419-1693

Community LIFE - Homestead

491 East Eighth Avenue Homestead, PA 15120 Phone: 1 (866) 419-1693

Community LIFE - East End 301 Meade Street Pittsburgh, PA 15221 Phone: 1 (866) 419-1693

Geographic Areas covered:

15014, 15018, 15020, 15024, 15025, 15028, 15030, 15032, 15034, 15035, 15037, 15045, 15049, 15051, 15065, 15075, 15076, 15084, 5088, 15102, 15104, 15110, 15122, 15129, 15131, 15132, 15133, 15135, 15137, 15139, 15140, 15144, 15145, 15146, 15147, 15148, 15206, 15207, 15208, 15215, 15217, 15218, 15221, 15227, 15232, 15234, 15235, 15236, 15238, 15239, 15332, 15668, 15112